



PINNER PARK INFANT AND NURSERY SCHOOL
Melbourne Avenue, Pinner. HA5 5TL

March 2019

Dear Parents/Carers,

Head Lice are unwelcome visitors and school is often asked about the best way to deal with them. I hope you find this information useful.

Head Lice are most easily detected by fine tooth combing through really wet and conditioned hair.

If you find head lice, there are two options:

- Lotions / prepared solutions - there are a number of treatments available and it is best to discuss this with the pharmacist;
- Wet combing method - one method is outlined on the reverse of this sheet. It refers to a "Bug-busting" comb but any fine-toothed comb will work.

REMEMBER

- Having head lice does not mean your child has dirty hair - lice like clean hair.
- It is important for everyone in the school community to check regularly for head lice.
- If all children are checked and treated regularly, recurrence will be minimised.

It would be helpful if children with longer hair had it tied back. Children are in very close contact with each other so all children should be checked regularly and the problem treated immediately - it is only by everyone doing this that we can try to break the cycle.

Yours sincerely,

Margaret Tait
Acting Headteacher



Bug Busting is an easy way to detect head lice

This is the way we bust the bug in fourteen days

Every one should check using the Bug Busting method every 3-4 days for two weeks to make sure



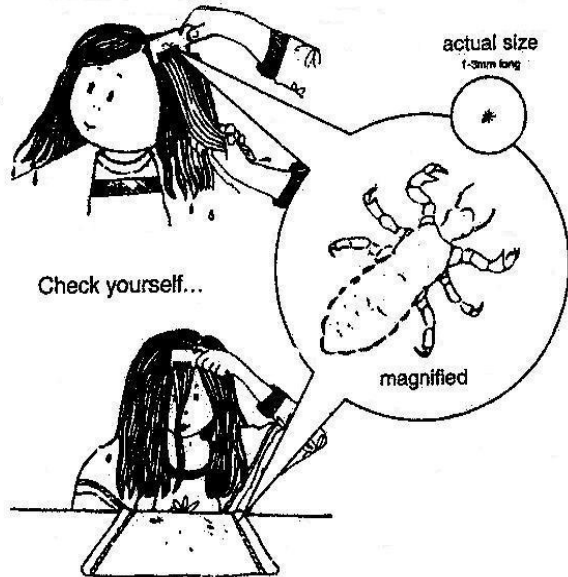
▼ If you normally wash your child's hair in the bath, you can bust the bug at the same time.



▲ This is what you need to bust the bug..

...your usual shampoo, lots of any conditioner and a Bug Buster comb. **Wash, rinse, condition and comb, will leave the lice without a home!**

● Often there are very few lice on a head and no itching. Check the family....



Check yourself...

magnified

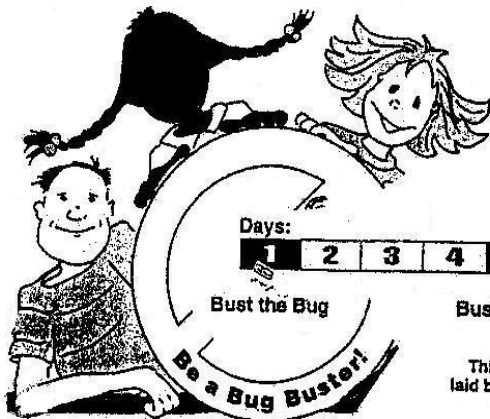
...even if no-one is itching.

● Soaking-wet lice stay still and cannot escape the comb.

Comb the whole head with the hair full of conditioner, rinse thoroughly and comb again. The wetter, the better!

Make sure the teeth slot right into the hair at the roots.

Check the comb for lice between each stroke and remove them.



Bug Busting Days



Bust the Bug

Bust the Bug

Bust the Bug

Bust the Bug

This is when the last eggs hatch which were laid before the start of the Bug Busting regime

All lice cleared. Only empty egg shells left on hair.